



THE AMALGAMAC

A publication of the First District Dental Society

*Dentists Dedicated to the Dental Health of
the Community*



SUMMER 2026

THIS FALL'S CE COURSES: SIGN UP TODAY!

WHAT'S AHEAD: FDDS COURSE LINEUP, ECHC
UPDATE AND SO MUCH MORE!



FIRST DISTRICT DENTAL SOCIETY

Alesia Brown, DDS
President, FDDS

Meagan Mitchell

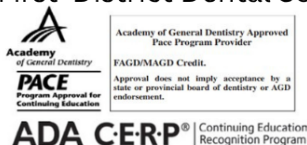
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Passing the Torch: A Message from Dr. Patrick Tromley



Dear First District Members,

After 9 years as your trustee of the First District Dental Society, it is time for my departure. I retired from private practice in December of 2024 and in the fall of 2025, I began teaching in the Prosthodontic Department at Indiana University School of Dentistry. My wife, Susan, and I have been living part-time on Lake Monroe, which is an easy commute to the dental school. I feel like teaching is a great fit for me since I spent much of my career in dentistry mentoring students as they began taking steps to enter our great profession. On this journey of mine, it became increasingly difficult to serve as your trustee in Southwestern Indiana and to teach in Indianapolis, so after some thought, I decided to step down.

I would like to thank all the members of the First District for your support. So many of you were so encouraging and went out of your way to make me feel appreciated as I served as leader of our district. I believe in my heart that the First District Dental Society is the best in the entire state! It was a privilege to serve our community with so many great people around me. I realize that it was all of you that energized me to do my job as trustee.

I began talking to Jacob Rexing about becoming the trustee of the First District some months ago. I believe that Dr. Rexing is the perfect fit. He is young and has fresh ideas. Jacob is a great communicator and leader. He has already served in many leadership roles locally and at the state level in the profession of dentistry. The key to the future success of organized dentistry is keeping it appealing to our young dentists. Jacob will be able to do just that for our dental society and the Indiana Dental Association.

Please help me welcome Dr. Jacob Rexing as your new trustee of the First District Dental Society. Please continue to encourage and support him as he enters the role of Trustee of the First District Dental Society.

Sincerely,
Patrick A. Tromley, DDS

Meet Your New First District Dental Society Trustee



Salutations! I'm your newly installed First District Trustee Jacob REXING. I was born and raised in Evansville, Indiana (and surrounding areas). I grew up on a farm in Southern Indiana. I was an active 10-year member of 4H. I went to Harrison High School Class of 2010, Go Warriors!

I completed my undergraduate studies at The University of Southern Indiana. I started as a triple major studying dental assisting, German Studies, and Dental Hygiene. I walked at graduation three years in a row. I then decided to continue my studies and apply to dental school. After 10 years at USI, I finally applied and got accepted into Indiana University School of Dentistry. It was interesting to start dental school during COVID, but I made the most of a unique situation. I graduated in 2024 and have worked at Aspen Dental in Jasper, Indiana ever since.

I have been an active member of the American Dental Assistants Association and served as a National Trustee for the ADAA. Since graduating from dental school, I have been active in the First District Dental Society, an alternate delegate and delegate for the Midwest Dental Assembly, and have worked as a member of the OPA taskforce for the Indiana Dental Association. My goal as First District Trustee is to grow our active members.



I encourage all dentists to be involved and help guide our association for the betterment of oral care for our district and all Hoosiers. Without our association, we will lose our ability to lobby as a group of dentists at the State House. We all must work together to keep our association thriving and supportive. Please reach out if you are interested in getting involved.

In May, I had the privilege of serving as delegate for the 168th IDA annual House of Delegates. Dr. Lorraine Celis was installed as the President of the IDA. Her incoming speech addressed the IDA's role in supporting members. She discussed membership growth, financial health of the IDA, and transitioning to a new executive director as key areas of focus for her term as President of the IDA. Member dentists from across the great state worked together discussing house resolutions. Resolution 26-2 RD was passed and shows IDA's support for the creation of an Oral Preventative Assistant. Resolution 26-110 is a call for IDA to legislative action allowing dental health professionals to receive three hours of CE for charitable dental care. After much debate, the IDA developed a statement in opposition to allowing CRNAs to provide deep to moderate sedation to patients in a dental office if the dentist does not have equivalent training in sedation level. The annual session offered many vendors continuing education opportunities, and networking of all kinds. The next General assembly will be held in Indianapolis April 21-24, 2027.

I look forward to working with our amazing group of dentists. Please reach out in ways I can help you.

Sincerely,

Dr. Jacob Rexing

FROM FATIGUE TO FOCUS: SUPPORTING MENTAL WELLNESS IN DENTISTRY

FRIDAY, September 25, 2026

THE EVANSVILLE COUNTRY CLUB BAYROOM

2 CE HOURS / 9:00-11:00 AM / CHECK-IN BEGINS AT 8:30 AM

Breakfast Included

Featuring:

Dr. Catherine Murphy



Course Description & Objectives

Dentistry demands constant focus, care, and connection-- yet many professionals are running on empty. This engaging program explores mental wellness in dentistry, including stress, burnout, and compassion fatigue, while offering simple, practical strategies to restore energy, build resilience, and feel more present-- without adding more to your day. After this course, attendees should be able to:

- **Identify** the signs and impact of stress, burnout, and compassion fatigue within the dental profession
- **Describe** the connection between mental wellness, physical tension, and cognitive performance in daily practice
- **Apply** simple, evidence-informed techniques-- including breathwork, movement, and mindset strategies-- to enhance resilience and restore energy throughout the day

About the Speaker

Dr. Catherine Murphy is an orthodontist, speaker, and wellness advocate committed to supporting mental well-being within the dental profession. She is an ADA Wellness Ambassador, a Fellow of the American College of Dentists, and co-creator of Take3forMe™, a practical self-care framework designed to help busy professionals reset and refocus in just minutes a day.

With advanced training in stress management, breathwork, and mind-body regulation, Dr. Murphy brings insight into the effects of chronic stress, burnout, and compassion fatigue in clinical practice. Her engaging presentations offer practical, science-informed strategies that can be easily integrated into the rhythm of a busy dental day, supporting both provider well-being and patient care.

Make checks out to **First District Dental Society** & mail to

P.O. Box 416, Newburgh, IN 47629

Registration Form for From Fatigue to Focus

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration for From Fatigue to Focus (Breakfast & event)

***10% discount to registers of 3 or more people per office QTY:**

up to one week before event*

☐ FDDS Member Dentist - \$139 (*\$125)

☐ FDDS Member Staff & Young Dentists - \$109 (*\$98)

☐ Non-Member - \$199 (*\$170)

AMOUNT

DUE:



A \$20 late fee will be applied to reservations not received within 72 hours of meeting time.

FIRST DISTRICT DENTAL SOCIETY

UPCOMING EVENTS

2026-2027

Save the Date



Friday, September 25

FROM FATIGUE TO FOCUS (2 CE CREDITS)

Featuring: Dr. Catherine Murphy



Thursday, October 22

HIPAA UPDATE FOR THE DENTAL PROFESSIONAL

Licensing Requirement 1.5 CE Hours

Featuring: Jay Dziwlik, MBA, CAE



Friday, November 6

HOW TO CREATE A MEMORABLE PATIENT EXPERIENCE

3 CE CREDITS

Featuring: Dr. Richard Madow



Friday, January 15

OCCUPATIONAL HEALTH & SAFETY

LICENSING REQUIREMENT 2 CE CREDITS

Featuring: Kay Maddox, RN

10% DISCOUNT AVAILABLE ON ALL CE COURSES!
PLEASE SEE SIGN UP SHEETS FOR DETAILS!

First District Election Results

During the last two weeks of January, our Executive Director Meagan Mitchell, organized our First District election and sent it out to the entire district for voting through Google. After the election, the votes were tallied, and the following are the results.

Thank you to everyone who took the time to vote for this very important election. Thank you to all who were elected for volunteering your time to serve the First District to keep it running smoothly.

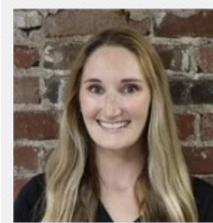
FDDS OFFICERS 2026-2027



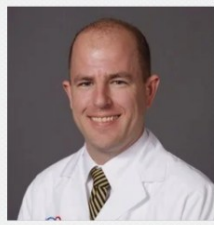
Immediate Past-President
Luke Keusch



President
Alesia Brown



President-Elect
Kassidy Wolfe



Vice President
Peter Wulff



Secretary
Meagan Mitchell (ED)



Treasurer
Sarah Buedel

In Town Executive Council- Mike Wolf and Jay Craig (hold over)

Trustee- Jacob Rexing

Delegates- Mark Sitzman, Mike Wolf, Luke Keusch, Sarah Buedel, and Logan Wedding

Alternate Delegates- Kassidy Wolfe, Kyle Dority, Peter Wulff, Dylan Nesty, Adam Guth, Deep Patel, and Jamie Greenwell

****The above officers, council members, delegates and alternate delegates will take office from July 1, 2026- June 30, 2027.**

Respectfully submitted by Patrick A. Tromley, DDS, Trustee

A MESSAGE FROM OUR PRESIDENT



Dear Members of the First District Dental Society,
As I reflect on this past year, I am filled with sincere gratitude for each of you. A special “Thank you” to Dr. Luke Kuesch for his time and commitment. I am honored to serve as president of a society made up of dedicated professionals who continually strive for clinical excellence and uphold the highest standards for our profession. Your commitment to providing exceptional care for your patients-- throughout Evansville, the surrounding communities, and beyond-- remains the foundation of everything we do. This dedication is evident not only in your daily practice, but also in the way you engage with our society. Thank you for participating in our meetings, sharing your expertise, and helping shape programs that are both relevant and rewarding. Your involvement ensures that our society remains strong, forward-thinking, and responsive to the evolving needs of dentistry. As we look ahead, I am confident that together we will continue to elevate our profession and support one another in meaningful ways. Thank you for your ongoing dedication and for playing an essential role in the future of dentistry in our district.

With appreciation,

Alesia Brown

President, First District Dental Society

FDDS MEMBER SPOTLIGHT:



- **Name:** Drew Ashley **DR. DREW ASHLEY**
- **Practice Location:** Franklin Street Dentistry on the West side of Evansville
- **Hometown:** Chandler, Indiana
- **Where did you attend undergrad:** Indiana University Bloomington
- **Where did you attend dental school/specialty:** Indiana University Dental School
- **What year did you graduate:** Undergrad 2021, Dental School 2025
- **If you weren't a dentist, what would you be doing?** Plastic Surgeon
- **If you were scheduled to be executed tomorrow, what would you eat for your last meal?** Sushi
- **What is your favorite vacation spot?** Cabo, Mexico
- **What are your hobbies?** Golfing and woodworking projects around my house
- **Do you have a spouse or significant other?** no
- **Do you have children or pets?** no

Awards Ceremony

On March 6, 2026, the First District hosted its annual Awards Ceremony. This was a chance for us to honor those who work so hard for organized dentistry, in our community, and behind the scenes that might go unnoticed. The First District was very happy to honor these recipients with their award plaques for their commitment to dentistry and the community.



**Ms. Natalie Reffett, recipient of the
Special Services Award**

**Dr. Robert Janowski, recipient of the
Leadership Award**



**Dr. Richard Moll, recipient of the
Component Society Honor Dentist Award**



**Dr. Nicholas Volz, recipient of
Charles Gish Community
Dental Health Award**

**Dr. Kassidy Wolfe, recipient of the
Rising Star Award**

**Dr. Robert Shumate, recipient of the
President's Gaval Plaque**

Congratulations to all the recipients. We appreciate all that you do for organized dentistry, our community and beyond.

HIPAA UPDATE FOR THE DENTAL PROFESSIONAL

THURSDAY, October 22 from 6:00 PM- 8:00 PM

THE EVANSVILLE COUNTRY CLUB BAYROOM

1.5 CE's HOUR / 6:00-7:30 PM / CHECK-IN BEGINS AT 5:30 PM

Dinner Included- Begins at 6:00

Featuring:

Jay Dziwlik, MBA, CAE

Licensing
Requirement



Course Description & Objectives

Dentists and dental office staff are invited to join the Indiana Dental Association in a fast paced, interactive entertaining program that fulfills your annual federal requirement for HIPAA training. The program will provide an overview of HIPAA compliance tips and reminders with direct application to a dental office. There will be an opportunity to interact and review frequently asked questions. You will laugh and learn something as you fulfill your annual federal CE requirement (1 hour CE).

At the end of the course, you will have completed the following learning objectives:

- Review the major sections of HIPAA including PHI, Coding, Privacy, Security and forms related to HIPAA
- Understand eight (8) Tips for Dental Office HIPAA Compliance
- Reviewed HIPAA Enforcement, updated forms, and technology requirements
- Discuss Annual HIPAA Audit Requirements

About the Speaker

Jay has been with the Indiana Dental Association since 2000, currently serving as Assistant Executive Director with over 30 years of experience as a not-for-profit association professional.

Jay coordinates membership; is liaison to the IU School of Dentistry, and IDA leadership training programming. He speaks all across Indiana to dentists, staff, Association Executives, and occasionally at the American Dental Association.

Jay is a nationally recognized Certified Association Executive (CAE); holds a graduate MBA and has been recognized as the Indiana Association Executives in 2005 and 2019. Indiana Dental Association recognized Jay with the Special Service Award for his work in leadership development and Mission of Mercy charitable dentistry.

Jay is most proud of his darling wife, Martha and being married happily for 36 years. He delights in his adulting family of three children. He likes reading multiple books at the same time. He works out on C2 indoor rower and is attempting to row around the world. He just passed 17 million meters, and over 1/3rd of the way. He leads and teaches at Traders Point Christian Church and volunteers with Scouting Troop 202 in Carmel, IN.

Make checks out to **First District Dental Society** & mail to

P.O. Box 416, Newburgh, IN 47629

Registration Form for HIPAA Update for the Dental Professional

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration for HIPAA Update for the Dental Professional (dinner & event)

***10% discount to registers of 3 or more people
per office up to one week before event***

QTY:

AMOUNT
DUE:



☐ FDDS Member Dentist - \$99 (*\$89)

☐ FDDS Member Staff & Young Dentists - \$99(*\$89)

☐ Non-Member - \$159 (*\$143)

***A \$20 late fee will be applied to
reservations not received within 72
hours of meeting time.***



At our most recent Dental Blitz, volunteer dentists and hygienists provided care for 43 patients and completed 97 extractions, offering much-needed relief to individuals who otherwise may have gone without treatment.

While these numbers tell part of the story, they do not capture the hope and relief we witness every Dental Blitz. Many of the patients who come through our doors have been living with severe dental pain for months or even years. They arrive struggling to eat, sleep, work, or simply get through their day. Seeing the burden lifted from their faces after receiving treatment is a powerful reminder of why this ministry matters. For many, the care they receive restores not only their health, but also their confidence and quality of life.

The need in our community remains overwhelming. Our waiting list for dental services continues to be extensive, and we are never able to serve everyone who needs care. We are always looking for volunteer dentists and dental hygienists to join us during our Dental Blitzes and help expand access to care.

In addition, the Evansville Christian Health Clinic is actively seeking a dental hygienist who could join our staff in a paid role to provide weekly cleanings. If you or someone you know may be interested in serving in this capacity, we would love to connect. Together, we can bring hope, healing, and relief to neighbors who are waiting for essential dental care.



HOW TO Create a Memorable Patient Experience in "YOUR" Practice!

FRIDAY, November 6 from 9:00 AM-12:00 PM

Featuring:

THE EVANSVILLE COUNTRY CLUB BALLROOM

Dr. Richard Madow

3 CE HOURS / 9:00 AM-12:00 PM / CHECK-IN BEGINS AT 8:30 AM

Breakfast Included



Course Description & Objectives

Discover how creating exceptional patient experiences can increase treatment acceptance, strengthen patient loyalty, generate referrals, improve team culture and boost practice profitability. In this engaging and entertaining course, Dr. Richard Madow shares practical strategies to help dental practices become more productive, patient-centered, and enjoyable for both teams and patients.

Attendees Will Learn:

- Why patients say "no" to treatment-- and how to change that.
- How to increase referrals without feeling pushy or sales-focused.
- Six steps to turn new patients into loyal advocates for your practice.
- The key to creating a happier team, happier patients and a happier doctor.
- Common mistakes that prevent practices from reaching their full potential-- and how to fix them.
- Much, much more!!

About the Speaker

Dr. Richard Madow: Dental Success Visionary and Award-Winning Speaker

Dr. Richard Madow is a nationally recognized dental educator, speaker, and author who has spent more than 30 years helping dental professionals build successful, rewarding practices. Named a "Leader in Dental Education" by *Dentistry Today*, he has impacted over 100,000 dental practices through his seminars, publications, podcasts, and articles. Known for his engaging and humorous presentation style, Dr. Madow inspires dental teams to improve patient experiences, enhance practice performance, and find greater fulfillment in their careers. He is also the author of the Amazon.com bestseller "*Creating Your Ideal Dental Practice*", an accomplished musician and songwriter, and an avid world traveler who has visited more than 65 countries.

Make checks out to **First District Dental Society** & mail to

P.O. Box 416, Newburgh, IN 47629

Registration Form for How to Create A Memorable Patient Experience

Dentist Name:

Staff Name(s):

Address:

Phone Number:

Email Address:

Registration for Creating Memorable Patient Experience (Breakfast & event)

***10% discount to registers of 3 or more people
per office up to one week before event***

QTY:

AMOUNT

DUE:



☐ FDDS Member Dentist - \$209 (*\$188)

☐ FDDS Member Staff & Young Dentists - \$187 (*\$170)

☐ Non-Member - \$299 (*\$268)

***A \$20 late fee will be applied to
reservations not received within 72
hours of meeting time.***

OCCUPATIONAL HEALTH & SAFETY ADMINISTRATION

FEATURING KAY MADDOX, RN

FRIDAY, JANUARY 15, 2027

THE EVANSVILLE COUNTRY CLUB BALLROOM

2 CE HOURS / 8:30-10:30 AM / CHECK-IN BEGINS AT 8:00 AM

BREAKFAST BUFFET WILL BE SERVED

2 CEs for
Licensing Requirement



Course Description & Objectives

This presentation will guide dental health teams through OSHA's Bloodborne Pathogens Standards, Hazardous Chemical Standards and Infection Control. Participants will understand how to use SDS documents, how to create a Worksite Hazard Assessment List and how to manage BBP exposures.

Participants will be able to:

- Review of Universal Precautions and PPE
- Manage Necessary Documents & Recordkeeping
- Implementing a Respiratory Protection Program
- Show Evidence of Safe Disposal Practices

About the Speaker

Kay Maddox is a graduate of Indiana University School of Nursing with 50 years of experience in nursing and adult education. She has lectured to dental organizations and IDA Component Societies on OSHA Compliance and Infection Control for more than thirty-five years. She has also presented at the IDA's annual Midwest Dental Assembly Conference.

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P.O. Box 416, Newburgh, IN 47629

Registration Form for Occupational Health & Safety Administration (OSHA) (2 CEs to meet licensing requirement)

Dentist Name:	
Staff Name(s):	
Address:	
Phone Number:	
Email Address:	

Registration for OSHA (includes breakfast & event)

***10% discount to registers of 3 or more people per office up to one week
before event***

QTY:

AMOUNT
DUE:

☐	FDDS Member Dentist - \$99 (*\$89)	☐
☐	FDDS Member Staff & Young Dentists - \$99 (*\$89)	☐
☐	Non-Member - \$159 (*\$143)	☐



***A \$20 late fee will be applied to
reservations not received within 72
hours of meeting time.***

P.O. Box 416
Newburgh, IN
47269
(812) 465-2093



HAVE YOU HEARD THE NEWS?

FDDS NOW HAS A WEBSITE!
Get connected at firstdds.org

- Our website will allow you to stay up-to-date on events & register for CE courses
- If you are interested in getting connected, contact us at execdirect.fdds@gmail.com.